

Readings for August 22, 2009  
Living Prayer

Ephesians 6.10, 18 (NRSV)

Finally, be strong in the Lord [Jesus] and in the strength of his power. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints.

Mark 14.22-23, 25-26 (NAB)

While they were eating, [Jesus] took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them; and they all drank from it. [Jesus said], "Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn, they went out to the Mount of Olives.